

#### P.G.D.A.V. College

**University of Delhi** 

Nehru Nagar, Ring Road, New Delhi - 110065

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Supporting document

for

Annual Quality Assurance Report, 2021-22
Criteria 7.1.9
Human Values and Professional Ethics





#### **NATIONAL SERVICE SCHEME**

#### P.G.D.A.V. COLLEGE

NEHRU NAGAR, RING ROAD

**NEW DELHI,110065** 

#### EVENTS ORGANISED BY N.S.S. P.G.D.A.V. COLLEGE DURING JULY '21 TO NOVEMBER'21

DATE	POSTER	EVENT	DESCRIPTION
25-7-2021	N.S.S. P.G.D. A.V. COLLEGE (University of Deihi) On the auspicious occasion of KARGIL VIJAY DIWAS Weetinar on the top c. THE PUWER OF PERSEVERANCE Out guest of honour Major Ceneral Vikram Dev Dogra, AVSM Put Send of release (commander from large vigal and all in large virtual and and and developed and and all in large virtual and and and all in large virtual and	KARGIL VIJAY DIWAS	Webinar- The Power of Perseverance Guest speaker- Major General Vikram Dev Dogra
28-7-2021	NSS PG.DAV. COLLEGE CONVERSITY OF DELLID  CELEBRATES WORLD NATURE CONVERSATION DAY  Handmade Posters made by our N.S.S. P.G.D.A.V.  Volunteers	WORLD NATURE CONSERVATION DAY	Handmade Posters and Videos made by NSS PGDAV volunteers spreading awareness about the conservation of nature

		WORLD DREACTEFFRING	Destant made by NCC DCDAV
1-8-2021 to 7-8-	N.S.S. P.G.D.A.V. COLLEGE (University Of Delhi)	WORLD BREASTFEEDING	Posters made by NSS PGDAV
2021	Celebrates  World  Breastfeeding Week, 2021  (August 1 - August 7)  (August 1 - August 7)  (August 1 - August 7)  THEME  This year, for barid Breastfeedind Week 2021, World Allience for Breast feeding Action has selected the theme. Protect Breastfeeding: A Shared Responsibility.  Significance  Bordil Breastfeeding Week aims to highlight the huge benefits that breastfeeding can bring to the health and welfure of bobbs: and benefits to material health, feezing an good nutrition, proverty reduction and food	WEEK	volunteers to spread awareness about the importance of women breastfeeding to their infants. Online quiz and Fun fact were also shared for the above cause.
3-8-2021	Bharatiya Shikshan Mandal (BSM), Delhi Prant and N.S.S. P.G.D.A.V. College	VYAS PUJA MAHOTSAV	Webinar-Guru shisha prampara Guest Speaker- <b>Prof. Kul Bhushan</b>
	University of Delhi Urganises Vyas Pooja Vlahotsav शीर्षक Prof. Krobna Sharma Principal Prof. Avi College Date: - 3rd August 2021 Time: 5:00PM- 6:00PM Dr. Vilhou Gurr Prof. Converse, Vyas Pooja Organise Team NSS Prof. Robert		Chandel
6-8-2021	* TO HOTE FRE  ***CONTROL OF THE PRE  ***CONT	Cleanliness DRIVE	NSS PGDAV Volunteers conducted a cleanliness drive in the College campus

11-8-2021	SWACHHTA PLEDGE TAKING CEREMONY  "Let's Go Green to make this Globe very clean."	Swachhta Pledge	NSS PGDAV Volunteers took a pledge to maintain cleanliness in and around surrounding environment
13-8-2021	SWACHHTA PAKHWADA  2021  1/nsspgdavcollege	GREEN AND CLEAN DRIVE FOR SWACHHTA PAKHWADA	NSS PGDAV Volunteers conducted plantation drive for creating awareness and commemorate the importance of trees among the masses
15-8-2021		INDEPENDENCE DAY CELEBRATION	NSS PGDAV celebrated the 75 <sup>th</sup> Independence Day. The volunteers of Astitva department taught their children to dance and made a video of them celebrating Independence Day. The Astitva unit N.S.S P.G.D.A.V aims to shape the future of the nation by inculcating morals, ethics as well as creativity among these children.
16-8-2021	N.S.S. P.G.D.A.V. COLLEGE (University of Delhi) Presents  A session on Tite Ariva and Science of Happiness (YOUR HERTAL REALTH IS PROBUTY, YOUR REATAL REALTH IS ESSENTIAL, YOUR SELF-CARE IS RECESSARY)  Our Guest Speaker Shivam Author and Speaker Shivam Author and Speaker Betters of General Realth Is  I feth August 2021 4.00 P.M. Google Meet  Order of Speaker Common Parky  Ord Keither Sharms Principal	The Art and Science of Happiness	Guest Speaker- Shivam NSS PGDAV organized a webinar on happiness during the difficult times of corona pandemic to spread positivity and happiness.

18-8-2021	INSS PGDAY COLLEGE  (University of Delhi) Is organising  FREEDOM RUN  To gelebrate 75 years of India's Independence  "AZADI KA AMRUT MAHOTSAV"  &  "FIT INDIA FREEDOM RUN 2.0"  This haugust 2021  This haugust 2021  The August 20	FIT INDIA FREEDOM RUN & AZADI KA AMRUT MAHOTSAV	NSS PGDAV organized freedom in FREEDOM RUN in college premises with the volunteers living in Delhi For celebrating Fit India Freedom Run 2.0.
19-8-2021	NSS PGDAY COLLEGE  WORLD  PHOTO GRAPHY DAY  And presents the result for  (UNLEASH YOUR ART WITH A FLASH)	WORLD PHOTOGRAPHY DAY	NSS PGDAV Organized Snap-o- Shot, the photography competition on the occasion of world photography day.
24-8-2021	NSS PGDAV COLLEGE (University of Delhi) In Collaboration with e-Junki Presents  E-Waste Management Awareness Session  Devanth Chopra (Active Review & a Digital Marketer)  Date: 24 August Time: 4 pm   Platform   2 com	e-waste MANAGEMENT SESSION	NSS PGDAV in collaboration with e- Junki organized a webinar on harmful effect of e-waste on the environment. Guest Speaker-1.Mr. Devansh Chopra 2. Mr. Aditya Rai
29-8-2021	Abagaptuscolings  BOXING  BOXING	NATIONAL SPORTS DAY	NSS PGDAV paid tribute to Major Dhyanchand on his birth anniversary by making a tribute video having all great sports personality of their respective sports.

1-9-2021 <b>–</b> 7-9- 2021	NSS PGDAV COLLEGE (UNIVERSITY OF DELHI)  Celebrates  NATIONAL NUTRITIONAL WEEK (September 1st - 7th)	NUTRITION WEEK	NSS PGDAV Celebrated National nutrition week to spread awareness about eating healthy food and leading a good lifestyle
6-9-2021	N.S.S. P.G.D.A.V. COLLEGE (University of Delhi) Presents webinar on  THE ART OF EATING: FOOD FOR THE MOOD  SPEAKER Dhvani Shah Natritionist, Author, Speaker, Product Developer, Columnist & Bilogger  06-Sept-2021 Google Meet   4:00 P.M.  REGISTER: https://forms.gle/jHSK/jh1jKaAfl.C56 E-certificates to all the participants  R.S.V.P. Team NSS Sanjay Kumar Singh Programme Officer  Prof. Krishna Sharma Programme Officer	THE ART OF EATING:FOOD FOR THE MOOD	NSS PGDAV conducted a online webinar on the art of eating to help society to adapt to eat healthy. Guest Speaker- <b>Dhvani Shah</b>
5-9-2021	HAPPY TEACHER'S DAY! Celebrating a special person on a very special day.	TEACHERS DAY CELEBRATION	NSS PGDAV Volunteers celebrated Teacher's day to honor Dr. S.V Radhakrishnan and thank our Hardworking teacher by making posters and sending message to respect our teachers.
14-9-2021	N.S.S. P.G.D.A.V. COLLEGE (University of Delhi) On the occasion of HINDID DIWAS Presents  KHAYALAT (HINDI POETRY COMPETITION)  Topic: [중국 화 मारे की विदी , हमारी हिन्दी।  OPEN FOR ALL PLATFORM: GOOGLE MEET (E. Certificates to all)  14 September 21  4 Pm Onwards	KHAYALAT:HINDI POETRY COMPETION ON ACCOUNT OF HINDI DIWAS	NSS PGDAV conducted online poetry competition to encourage the use of hindi on the occasion of Hindi Diwas

10-9-2021	N.S.S. P.G.D.A.V.COLLEGE (University of Delni.)  Wishes you  Happy  Great  Chatwithi	GANESH CHATURTHI CELEBRATION	NSS PGDAV Volunteers celebrated Ganesh Chaturthi by making Bio degradable Ganesh idols and promoting greener ways of celebrating Ganesh Chaturthi
19-9-2021-30-9-2021	"GIVING IS NOT JUST ABOUT DONATION, BUT IS ABOUT TO MAKE A DIFFERENCE."  NSS PGDAV-VOLUNTEERS PROVIDED ONE TIME MEAL ON THE OCCASION	PROJECT SAHAYTA- 1.FOOD DONATION DRIVE ON OCASSION OF NSS DAY 2.FOOD DONATION DRIVE AT SLUMS 3.VACCINE AWRENESS DRIVE AND SURVEY	As dedicated volunteers of NSS PGDAV came forward and provided one time meal to unprivileged people in your society as a gesture of goodwill.  VACCINE AWRENESS DRIVE AND SURVEY  With this thought, Our Nss Team enthusiastically took part to contribute efforts to the society by knowing the need for vaccination in some slum and exclusive areas. The

upshot of the survey was incredible/positive, Largely people have been vaccinated and some have at least got their first jab of the vaccine.



7-1-2021		CLEAN YAMUNA CAMPAIGN	The South-East Delhi District launched a three week Clean Yamuna Campaign under The clean India programme on 7 October which aims to clean the entire stretch of the Yamuna falling under the South-East district in the next 20 days. 6 volunteers from the NSS PGDAV took part in the campaign. Here is a glimpse of the Ceremony.
15-10-2021	4	international day of rural women	NSS PGDAV in collaboration with GUROOR PLC conducted a campaign in slum area of Lajpat Nagar on the occasion of international day of rural women where we talked and listened to their stories and we also distributed the essential items to them.
22-10-2021		NUKKAD NATAK	NSS PGDAV in collaboration with 'Ritva-DSC' conducted sanitary napkins distribution drive in a slum area adjacent to the college. The motive of the drive was 'Awareness about menstruation among women. Nineteen volunteers were involved in this drive. They also performed a Nukkad Natak to educate ladies about menstruation health and safety.  THIS NUKKAD NATAK GOT PUBLISHED IN HT CITY(28 NOVEMBER)
26-10-2021 - 1- 11-21021	LEVERAGE YOUR OWN POWER Things to know about RTI Act in India SWIPE VIGILANCE AWARENESS WEEK - 2021  26th October - Ist November  // // Nsspgdavcollege	VIGILANCE AWARENESS WEEK	TO spread awareness about the vigilance awareness the completions were organized by NSS PGDAV College- 1.POSTER MAKING COMPETITION 2.ARTICLE WRITING COMPETION 3.HOLD YOUR SLOGAN COMPETION

31-10-2021	N.S.S. P.G.D.A.V. COLLEGE (University of Delhi) Is organising PLEDGE TAKING CEREMONY  National Unity Day  3 1st October 2:00 PM Google Meet	NATIONAL UNITY DAY	Pledge taking ceremony on the occasion of National Unity Day
4-11-2021	N.S.S. P.G.D.A.V. COLLEGE (University of Delhi) Is organising in Famely UTSAV-MANDALA ART COMPETITION (HANDMADE) TIEMZ: TIM TIMATE DIVE LAYE JHILMILATI KHUSHIYAN LAST DATZ TO SUBMIT:  • 8th Nouember 2021 • E- certificates to all the participants • No Plagiarism • Shout-out to the winners on instagram page For Any Queries Connact Ampira- 1918 2022 152276  **Imageleveroising O	UTSAV	NSS PGDAV COLLEGE gave a bright opportunity to students showcase inner artist through UTSAV - MANDALA ART COMPETITION
4-11-2021	N.S.S. P.G.D.A.V. COLLEGE (UNIVERSITY OF DELHI) PRESENTS  RANGOLI MAKING COMPETITION  (THIS DIWALL, GO RANGO VAALI)  To apply: https://forms.gla/akg MSQ87AG509Hgu6  Last date for submit 6th November E-certificates to all participants  Monika 191 96223 64321  2	RANGOLI MAKING COMPETITION	PGDAV NSS gave a very exciting opportunity to students on Diwali by organizing a Rangoli competition.
4-11-2021		DIYA MAKING	Diya making competition with other competition were organized to promote safer and greener Diwali.
5-11-2021	COVID WARRIORS for your trare work and stupport during difficult times You are of your Hers! Take care of your hard ble are with your	THANK YOU COVID WARRIORS	NSS PGDAV organised "KHUSHIYON KA SANDESH" to celebrate this Diwali with the COVID FRONTLINE WARRIORS and thank them for their selfless service spirit.

14-11-2021		WINTER DONATION DRIVE	On the occasion of kindness day and children day, NSS P.G.D.A.V organizes a woollen cloth donation drive in which our zealous volunteers come together and join hands to help the underprivileged section of our society. The volunteers who are the residents of Delhi donate their clothes in the slum area near the college and the ones who could not reach college due to the ongoing pandemic contributed by donating in their respective locality. All the participated volunteers gave their selfless service to needy people. The work of volunteers is commendable throughout the whole drive.
26-11-2021	N.S.S. P.E.D. AV. COLLEGE  AVENUE AND AVENUE	CONSTITUTION DAY CELEBRATION	NSS PGDAV celebrated Constitution Day to spread facts about our constitution



## National Service Scheme



**SESSION: 2021-2022** 

President: Vidhi Luthra Vice-President: Esha Arora Secretary: Ayushi Agrawal

#### NSS – A HOPE FOR BETTER TOMORROW



National Service Scheme is an Indian government sponsored program under the Department of Youth Affairs and Sports of the Government of India. National service scheme(NSS) was established on the auspicious occasion of birth platinum Jubilee of one of the most selfless man, "Bapu", in 1969. Being an initiative by minister of youth affairs and sports, this scheme covered 37 universities and 40,000 hardworking students whose basic idea was to give a personality boost with the help of selfless social work. The NSS plays a vital role in the development of the latent aspect of the student's personality. Since the establishment of the college, the NSS unit has been functioning with full vigor and enthusiasm.

#### **OUR MOTTO -**

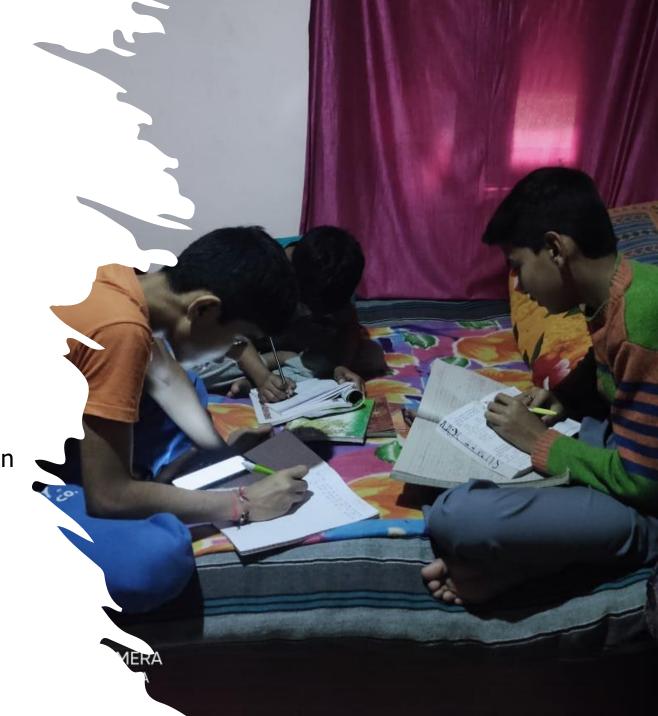
'Not Me, But You', N.S.S. P.G.D.A.V. endeavors to channelize the youthful energy and potential of students in the field of selfless service. The objective of this society is to provide a dignified life to the less privileged. We have a team of 100+ active members working rigorously to make a difference in the lives of others through various programs and competitions. Along with the various seminars, workshops and awareness campaigns.



## OUR MISSION - (PRIMARY DEPARTMENTS)

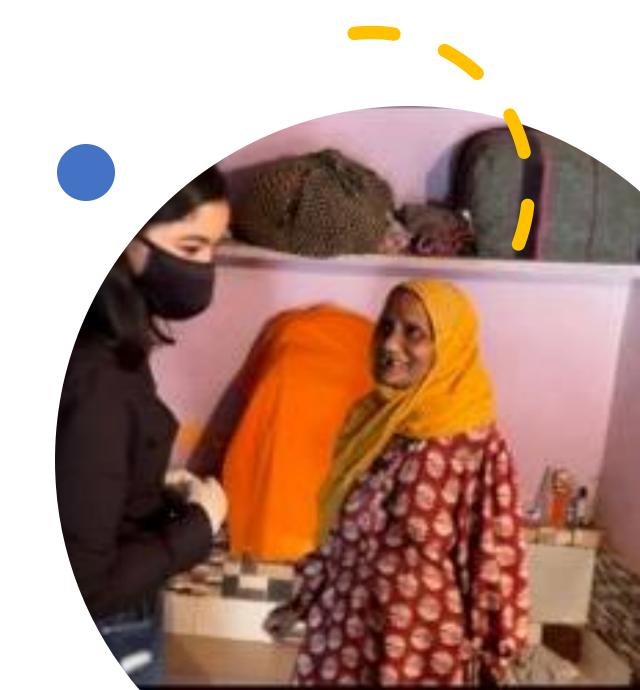
N.S.S. P.G.D.A.V. has taken various projects that focus on numerous issues in different social spheres. These projects include

- **ASTITVA- The Child Education Department,** dedicated in offering learning assistance to the underprivileged students in coping with studies.
- □ RURAL DEVELOPMENT Department, aims to bridge the gap between rural and urban areas to an extent where everything available in cities is also available in rural areas.
- P.W.D. Department, aims to help the students with disability in every possible manner be it academics or co-curriculum activities.



#### **OUR MISSION -**

- Department, thrives not only for women development but for a society where both men and women can walk home together and not fear the dark and empty streets.
- PROJECT SAHAAYATA, this project is an initiative taken by NSS PGDAV under which various drives are organized to help the people who are in need and require attention for a happy living.







#### **JOURNEY TILL NOW -**

#### 1. SWACHHTA PAKHWADA 2021-22 (CLEANLINESS DRIVE)

Look around, walk around, breathe clean air and don't litter the ground. With this motto the passionate volunteers of NSS P.G.D.A.V came up with the Cleanliness Drive and took an initiative to clean the College premises and its surroundings on 6th of August. The volunteers who could not reach college due to the ongoing pandemic contributed by cleaning their respective locality. NSS P.G.D.A.V volunteers wholeheartedly took part in this activity. We appreciate all those who made an effort to be a part of this drive and are working towards protecting the environment.























#### 2. GREEN YATRA (PLANTATION DRIVE)

"Environmental Revolution begins with greening the motherhood" We at N.S.S P.G.D.A.V are all buckled up for a Plantation drive "Green yatra". It is an initiative to create awareness and commemorate the importance of trees among the masses. Keeping this in mind and worrying about the upswing trend of deforestation, the zealous volunteers of N.S.S P.G.D.A.V planted trees at college campus, at their homes and nearby areas, thereby abiding by their moral duty towards environmental protection and its development. "Add a tree to nature. Add a saviour to your life"













#### 3. FIT INDIA FREEDOM RUN 2.0 (CELEBRATING 75 YEARS OF INDIA'S INDEPENDENCE)

"RUNNING: The human body's rawest form of FREEDOM" - Sports Authority of India

With immense pride and pleasure, we would like to inform you all that N.S.S. P.G.D.A.V. College organized a FREEDOM RUN in the college campus with our NSS volunteers, under the government initiative of the FIT India Freedom Run 2.0 to celebrate 75 years of India's independence- Azadi Ka Amrut Mahotsav.

Our Principal Mam Dr. Krishna Sharma was also present in the college with our NSS team. She enlightened us all by throwing light on the significance of fitness and healthy lifestyle and urged all the volunteers to actively participate in the freedom run. 90 volunteers which included NSS members and students from various courses , faculty members and staff actively took part and ran in this freedom run with great enthusiasm and covered a distance of around 1.5 km while running.

Due to the ongoing pandemic restrictions, all our volunteers couldn't go to college to take part in the freedom run. So the remaining volunteers joined this programme through google meet and cheered up the participants. Also the members who joined through online mode participated in the event by performing some yoga asanas and meditation.











### 4. Vaccine Awareness Drive and Survey

The hesitation towards vaccination with the COVID-19 vaccine remains a problem worldwide.

With this thought, Our Nss Team enthusiastically took part to contribute efforts to the society by knowing the need for vaccination in some slum and exclusive areas. The upshot of the survey was incredible/positive, Largely people have been vaccinated and some have at least got their first jab of the vaccine. The ones who weren't aware of the vaccination were ready to be a part of the vaccination camp if organized by our team.

#### 5. HOPE- Help Other People Eat (Food Donation Drive)

"If you can't feed a hundred people, then feed just one." Mother Teresa

With this NSS PGDAV take immense pleasure in introducing our new project SAHAAYATA

Therefore on the Occasion of NSS Day, National Service Scheme of PGDAV College organized a food donation drive "HOPE- Help Other People Eat" under the project SAHAAYATA.

As dedicated volunteers of NSS PGDAV came forward and provided one time meal to unprivileged people in your society\* as a gesture of goodwill.

With the very first activity under the project NSS PGDAV works with the idea that we can't help everyone but ... Everyone can help someone.











#### 6.'पशु पोषण' - Animal Feeding Drive







Who feeds a hungry animal, feeds his own sou - Charlie Chaplin

We at NSS PGDAV are all buckled up for (Animal Feeding Drive) 'पशु पोषण' on the occasion of Animal Welfare Day. It is an initiative to create awareness and commemorate the importance of feeding animals.

Our zealous volunteers of NSS PGDAV came forward and feed animals as feeding birds and animals bring satisfaction and joy.

We are being kind, what about you?

Let's spread our wings, be kind in our capacity and fly together.





## 7. Celebration of International Day Of Rural Women

NSS PGDAV stands against the bitter injustice prevailing in our sophisticated domain. By not supporting her or keeping ourselves quiet even we all are committing a greater sin. It's time to look into the eyes of truth and fight for unproclaimed justice.

NSS PGDAV in collaboration with GUROOR PLC conducted a campaign in slum area of Lajpat Nagar on the occasion of international day of rural women where we talked and listened to their stories and we also disturbed the essential items to them.

She is an embodiment of POWER we bow before her for the divinity that resides in her.























## 8. Menstrual hygiene awareness campaign and distribution of sanitary napkins

NSS PGDAV in collaboration with 'Ritva-DSC' conducted sanitary napkins distribution drive in a slum area adjacent to the college. The motive of the drive was 'Awareness about menstruation among women. Nineteen volunteers were involved in this drive. They also performed a Nukkad Natak to educate ladies about menstruation health and safety.

The topic was PRAKRITI KI DEN HAI MAAHVARI. All the volunteers gave their best to this event. The event was successful and went well.

#### 9. Kushiyon Ke Sandesh(aao manae hum sb Diwali ,Covid Warriors ke sang)

A HERO is a person really intent on making this a better place for all people.

NSS PGDAV organized
"KHUSHIYON KA SANDESH" to
celebrate this Diwali with the
COVID FRONTLINE WARRIORS
and thank them for their
selfless service spirit.























### 10. Woollen cloth donation drive

On the occasion of kindness day and children day, NSS P.G.D.A.V organizes a woollen cloth donation drive in which our zealous volunteers come together and join hands to help the underprivileged section of our society. The volunteers who are the residents of Delhi donate their clothes in the slum area near the college and the ones who could not reach college due to the ongoing pandemic contributed by donating in their respective locality. All the participated volunteers gave their selfless service to needy people. The work of volunteers is commendable throughout the whole drive.













## 11. Children's Day Celebration

At the onset of the Children's Day and winter season, NSS PGDAV College conducted a drive for donating winter clothes to needy people in the nearby slum area of the college. Everyone was super thrilled to receive the clothes and children selected their choice of clothes with extreme happiness! Also, on the occasion of Children's Day, 10-15 volunteers from all departments alike took the slum children to parks for a fun picnic. Children danced and enjoyed on the swings. Overall, both the events were a huge success!

## 12. Yamuna Cleanliness Drive







The South-East Delhi District launched a three week Clean Yamuna Campaign under The clean India programme on 7 October which aims to clean the entire stretch of the Yamuna falling under the South-East district in the next 20 days.

6 volunteers from the NSS PGDAV took part in the campaign. Here is a glimpse of the Ceremony













## **13. Book Donation Drive**

\*\*Books\*\* help children make sense of the world around them, impart morals and values to them, often without sounding preachy, teach them empathy, and the difference between right and wrong.

With this thought \*\*NSS PGDAV\*\* organized a 2 day \*\*Book Donation Drive\*\* in a proper offline mode for the first time after the pandemic. It was truly an overwhelming drive as the team members and as well as the other people participated and donated books for a good cause.

All the volunteers participated very well. With the help of the pgdavians, our NSS organization received around 200 books and donated around 150 books to the students.

\*THANK YOU ALL FOR THE DONATION\*















### 14. International Women's Day Celebration

On the occasion of \*Women's Day\*, NSS PGDAV brought out the hidden confidence inside of a woman.

Our team ensured the smiles on the pretty faces of women who live in slums and also taught them about women's related government schemes.



## 15. Lecture on Women Empowerment: A Heart-to-Heart Talk on occasion of Women's Day

On the auspicious occasion of International Women's Day, NSS PGDAV (MORNING), for the first time after the pandemic, conducted an offline webinar in the conference room of our college. Our honorable speaker, Dr Ruchika Ramakrishnan, enlightened the audience about Women's Empowerment.

The event started with the lamp lighting ritual, followed by the address of our Principal ma'am and our Programme Officer, Mr. Sanjay Kumar Singh. Our speaker talked about the importance of how women must be given equal opportunities in every field, irrespective of gender. She also gave her own real-life experiences to understand different perspectives of how much women go through daily. There were around more than 200 enthusiastic students who attended the webinar. The event concluded with a vote of thanks by our Student Program Coordinator, Ashutosh Yadav.



















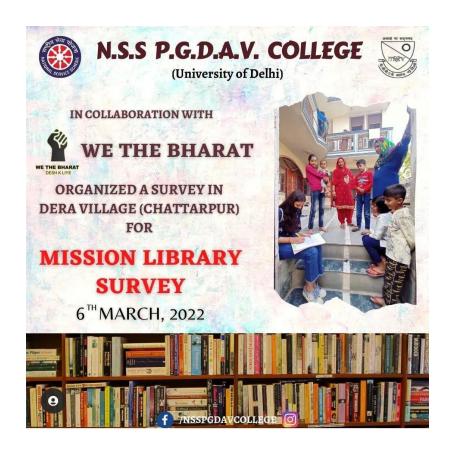






#### **16. Blood Donation Drive**

N.S.S P.G.D.A.V college organized a blood donation camp on 10th march in collaboration with the Indian Red Cross Society it began around 10:00 am and lasted till 3:30 pm with a steady stream of donors throughout the day. There were 100+ enthusiastic donors including faculty, students and volunteers. Refreshment and red roses, signifying the endless love and passion, of giving without expecting anything in return, of donors were given.













## 17.Mission Library Survey

NSS PGDAV in collaboration with WE THE BHARAT NGO Conducted a survey in the Dera Village, Chattarpur regarding the opening of the library in the village.

The people of the village were very hospitable and cooperative and helped us in completing the survey. The survey revealed that most of the People in the village work in unorganized sector and have studied till 12th and only fistful number of people have received higher education but the positive response was that the people of the village know the value of education and they want that their children to be highly educated and they also agreed to sent their girl child to the library for study but perturbed about their security. In some families, the women were more educated than men.

The youth's and children's eyes were glittering with a lot of dreams but what they lack is how they will achieve their dreams. A library at such a place will add an edge for villagers to fulfilling their dreams and also conducive environment for the study will also be created in the village.

# Sevaarth'22: THE ANNUAL FEST OF NATIONAL SERVICE SCHEME, PGDAV





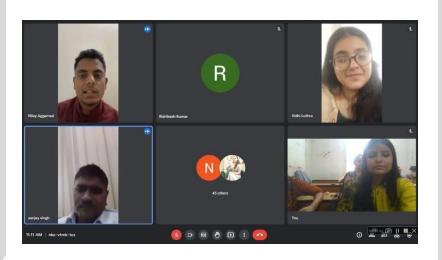




### Sevaarth'22: INAUGURATION CEREMONY

N.S.S PGDAV College organized its Annual Fest SEVAARTH'22 with great enthusiasm. It was a 1-day event that was inaugurated by our guest speaker Mr. Nilay Aggarwal- Founder of the Vishalakshi Foundation.

First, an opening ceremony took place as a cultural function in which Mr. Nilay Aggarwal gave a brief introduction about the Vishalakshi Foundation like how he put the pillars of this Foundation and how his journey went through till now. Also, he appreciated the work of the National Service Scheme and the volunteers who are continuously striving for social change.









# Recapitulation of the event

N.S.S pgdav college successfully organized its exhilarating events under the aegis of its annual fest-SEVAARTH'22. The event started with great enthusiasm with our guest speaker Mr Nilay Aggarwal.

With his insightful views on social service, we carry forward our 1st event Enact- monologue competition gave a chance to young minds to showcase the power of words. Celebration is not complete without the lively force so Hunar- Pwd talent hunt magnifies the glory of the event which includes dance, music, and a lot more. Finally, to accelerate the exultation in the celebration of Faceoff- a battle of imagination and transformation took place. Also, we had Riwayat-slum area women's Mehndi Competition.

The NSS pgdav's annual fest went smoothly. All of the competition winners got certificates and awards at the end of the day, and the fest judges gave a vote of gratitude to all of the teachers, participants, and attendees. All of the members, heads, and mentors of NSS Pgdav were successful in putting up their event. Like a peaceful and soothing blue ocean, the hectic day came to an end. "Good fortune is what happens when opportunity meets with planning"













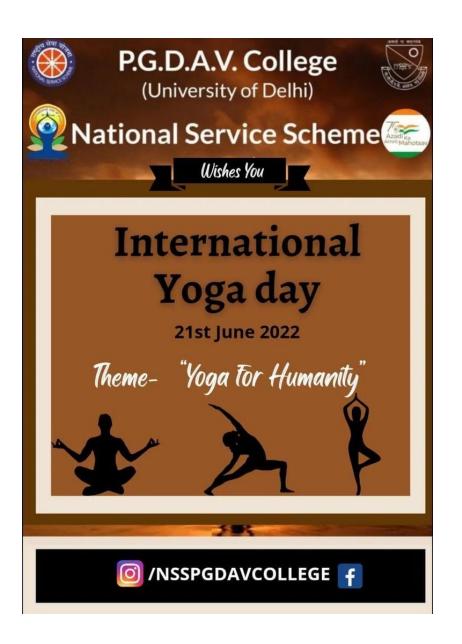


Glimpse of SEVAARTH'22

## International Yoga Day: 21th June

"Yoga adds years to your life and life to your years"

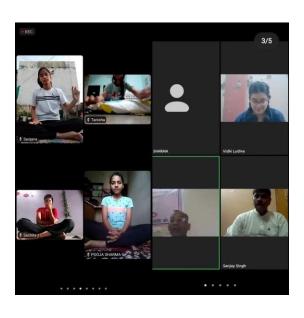
With universal recognition and growing popularity of Yoga, the United Nations declared June 21 as the International Day of Yoga on December 11, 2014 by a resolution passed by India with support of 177 nations. From that day onwards, we celebrate yoga day every year to remind ourselves of the rich cultural heritage of India, and also to keep our body and soul happy. On this occasion NSS PGDAV organised a yoga session with the theme - 'Yoga For Humanity" and also extends their heartfelt wishes on the Yoga Day to everyone.



# DAY 1 of Online Yoga Session

"Yoga is a light, which once lit, will never dim, the better your practice, the brighter the flame". NSS PGDAV (M) on the favorable occasion of International Day of Yoga presented two days of yoga online sessions. On the 20th of June, the honorable guest for the session was Shri Ram Kishore Goyal Ji. The session started with the prayer and carried on with the speech of Shri Ram Kishore Goyal Ji in which he highlighted the physical and mental benefits of yoga and its significance in our day-to-day busy lifestyle. This session covered activities mainly focusing on the elbow, shoulder, and hands. Also, he covered rough daily routines for youngsters pointing to time management and diet. At last, the session with Q&A session and two of the prayers.







## DAY 2 of Online Yoga Session

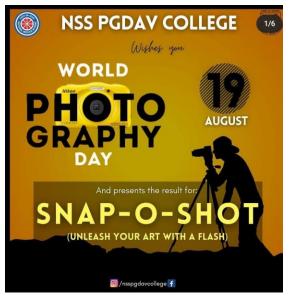
N.S.S PGDAV College triumphantly organized a 2-day yoga session on the occasion of 'international yoga day'. Its second day was inaugurated by our guest speaker Mr. ACHARYA NARENDRA Ji president of Swanubhuti and Yoga expert. First, the opening ceremony started with a Sanskrit shloka by the Aacharya Ji. He exquisitely explained every basic step of yoga particularly he emphasizes to do all the asanas without any mental stress. Overall, We were able to cover all the asanas with utmost precision and guidance. So here are the glimpses of our successfully organized event.

































#### P.G.D.A.V. (MORNING) COLLEGE

(University of delhi)



#### **NATIONAL SERVICE SCHEME**

in association with



#### Inter College Debate & Quiz Competiton









#### **Register Here**

https://forms.gle/EwPQnSeDgN2dsaaf9

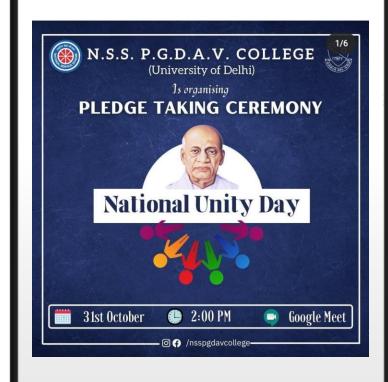


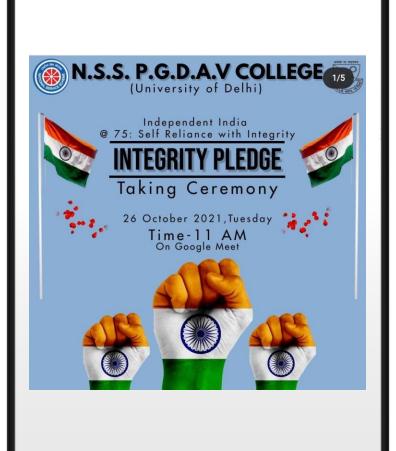
NOTE: Participants have to send their presentation on the given E-mail to get shortlisted E-mail - pgdav.quizdebate2022@gmail.com

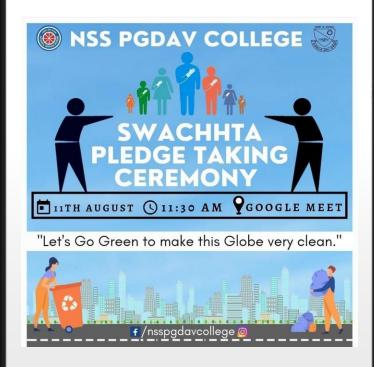


### INTER COLLEGE DEBATE & **QUIZ COMPETITION:**

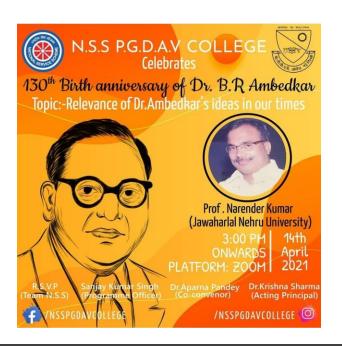








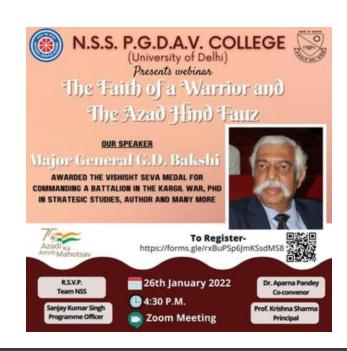






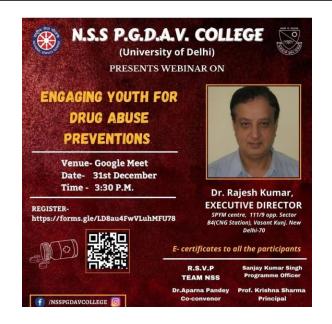






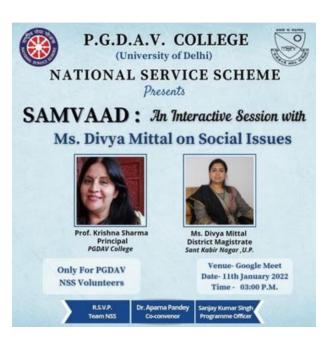


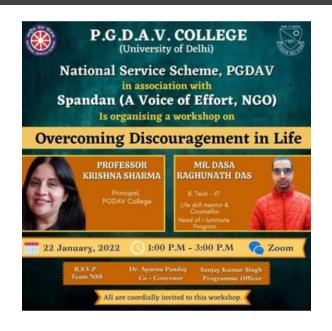




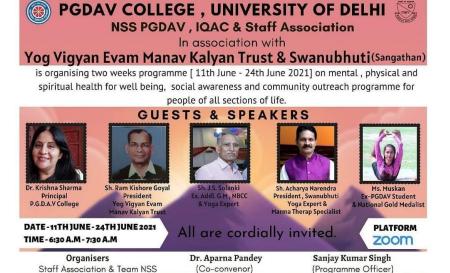


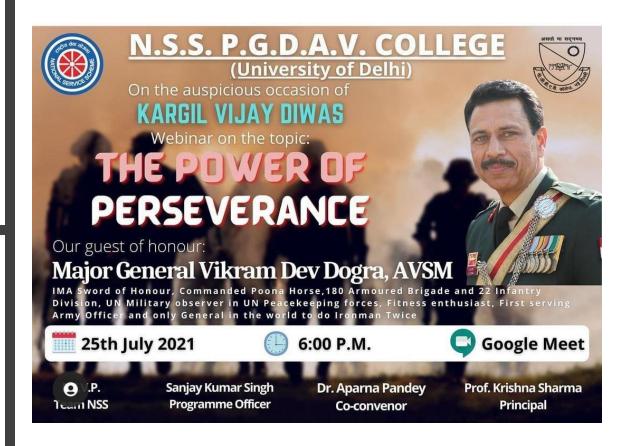


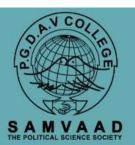












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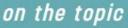




Know Your Republic Day 2022

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Advocate and Founder of Crypto Legal

#### Anshuman Singh

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PRESENTS



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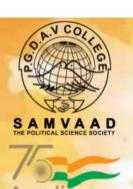


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24 JANUARY 2022 | 4PM





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# Azadi Ka Amrit Mahotsav - 75 Years of India's Independence

India is celebrating its 75 Years of Independence and to commemorate it, the Ministry of Education launched an initiative titled 'Azadi Ka Amrit Mahotsav'. Dr. Rimjhim Sharma from the Department of History was appointed as the Nodal Officer-In-Charge. Various cultural as well as academic programmes were organised throughout the year 2021-22 in the college under this initiative. The celebrations began with a talk on the 'Role of Mahatma Gandhi in Indian Freedom Movement' in the month of July and was followed by students singing patriotic songs in five different Indian languages. The College also organised events such



as 'Freedom Run', Inter-College Essay Competition on the topic 'Communalism was the Colonial Construct', National Seminar on the topic 'Hindi Sahitya me Rashtriye Chetna ke Swar', and Inter-



College Slogan Writing Competition in both Hindi and English languages on topics 'Freedom Fighter', 'Self-reliant India', 'Youth Power', and 'Women Empowerment'. N.S.S and various other curricular and cocurricular societies of the college also organised many programmes to commemorate 'Azadi Ka Amrit Mahotsav'. Events like 'Plantation Drive', 'Swachhata Pledge', 'Cleanliness Drive on Ekta Diwas', intercollege self-composed poetry competition on the topic 'Patriotism', and 'India of My Dreams' created an environment of awareness in the students. College also organised 'Suryanamaskar', 'National Voters Day

Awareness Programme', 'PPT Making Competition', and 'Vasantotsav'. Events were organised on *Shahidi* Diwas, International Women's Day, and Guru *Ravidas* Jayanti. Inter-college photography competition was also held on the topic 'Heritage of India'. All the programmes were extremely energetic and knowledge enhancing and saw engaged participation from the students and faculty alike.

